

Is Psycho kinesis Real?

By Alex Armani, CHT

Most every psychology text book I ever had made the assertion that any psychic phenomenon was a blatant hoax. While certainly some of the things purported to be psychic phenomena are actually fraudulently presented, there's a problem with discounting the entire field as experts would have us do. The main problem I have with the textbooks is that I've experienced some of these very phenomena first hand.

It's a bit more challenging to discount something that occurs right before your eyes. When the psychic phenomenon is telekinesis or psycho kinesis (PK), the result is there for everyone to see. While there will always be skeptics, those who have experienced this form of phenomena know for certain the textbooks are plainly incorrect.

Once a person learns to move an object with only their thoughts, certain mental shifts are inevitable in that person. They realize thoughts are things that have an effect on the physical world. And why wouldn't thoughts have an influence on the physical world? The reason why thoughts have an influence in the physical world has to do with the universe, its physical laws, and its composition. Einstein taught us that matter is nothing more than energy when he proved $E = mc^2$ (Energy equals mass times the speed of light squared). In fact, a pound of any type of matter contains enough energy to fuel an entire nation's electrical needs for an entire year if perfectly converted into energy.

Where people have made a fundamental error is in believing there's delineation between internal psychological processes and the external reality. Both are part of the same universe. It's already been proven through psychological studies that a body's energy follows thought. Emotion is a release of energy just as thought is a release of energy within the body. The minute chemical changes and responses that occur within each individual alter the body's electrical current and magnetic field. These changes in turn affect the outer world to some degree. A person who becomes proficient in telekinesis has learned how to harness and amplify this output to a large enough degree that it effectively produces a change in the outer reality.

A person who seeks to answer the question of whether or not psycho kinesis is real ought to first consider the composition of the universe and the composition of people. Humans are derived from the same matter found in the universe, and scientific theory suggests that matter and energy are interchangeable. This means that a single thought, if amplified, could produce enough energy to alter physical matter. To understand how telekinesis works, you must understand how the world interacts on a subatomic level. After becoming proficient in telekinesis myself, this subatomic model makes the most sense to me at this time. Is all psycho kinesis real? Obviously no, but the phenomenon itself is very much within the boundaries of physical law. Just as a magnet can move metal with its field, thoughts alter physical matter. Both happen on a level outside our awareness.